

## Stage 5: Testing and Refining

Female, 17-25

**Major Depressive Disorder**, Anxiety, Borderline Personality Disorder

### Tasks

1. Take some time to explore the app. Try to go to different menus. When doing this think your thoughts aloud, like what you are trying to do and whenever interface does something that you don't expect.
  - a. (Logging activities) No games option? Or gym?
  - b. Geo location suggestions could be good but may be hard to add, like popular places nearby with google maps for various things
  - c. Also maybe it's just me but when I'm sad last thing I wanna do is eat quinoa salad
  - d. put some comfort food suggestions with the option to put a dietary thing like keto/vegan/celiac
2. From home screen try to log your mood for today, and then add a custom activity to the list.
  - a. [doesn't really do anything for her]
3. From the suggestions card find the ones that interests you if any and click on them and look at the details about each suggestion, and tell us how it meets your expectations.
  - a. Put something about playing games
  - b. Or going to the gym

### Interview questions

1. How was your experience in using the app? What worked well and what didn't why?
  - a. Well:
    - i. No issues with navigating menus and buttons
  - b. Bad:
    - i. I don't know if this would help when I'm depressed
2. How useful do you think the suggestion cards were? Why?
  - a. Would like to see something about seeing a friend
  - b. These (current) don't really apply to me
3. If we were to redesign the app what features would you like to see? Why?
  - a. More about gym and friends.
4. What kinds of suggestions would you like to see in the suggestions card? How would you like them to be customized for you?
  - a. Mentioned before

"I like to see more suggestion about gym and friends." (Participant 3)