

The SFU Seniors Program in Continuing Studies was established in 1974. It remains an integral part of SFU's commitment to help older adults achieve their intellectual, professional, and cultural goals through programs for lifelong learning that build on the strengths of the university and resources of the community.

The Seniors Program, unique in Canada, has grown greatly over the years. It now offers a wide selection of academically exciting and challenging non-credit courses, monthly seniors forums, and individual events open to anyone 55+, regardless of educational background. Each year over 2,500 seniors participate in our programs.

We acknowledge, with appreciation, funding from the following:

- The SFU Seniors Lifelong Learners Society
- Dr. Yosef Wosk, Director of Interdisciplinary Programs at SFU and founder of the Philosophers' Café program, SFU
- Dr. David Kaufman, Director of the Learning and Instructional Centre, SFU

This DVD is part of the SFU Seniors Program Outreach Project and is offered free of charge to non-profit seniors centres and seniors organizations. Additional roundtable discussion DVDs are available (online versions are at www.sfu.ca/seniors/outreach.htm). If you wish more information, email seniors@sfu.ca, call 778-782-5212, or write to:

> **Seniors Program, Continuing Studies Simon Fraser University Vancouver** 515 West Hastings Street Vancouver, BC V6B 5K3

CONTINUING STUDIES SIMON FRASER UNIVERSITY

The Seniors Program and



THE SENIORS LIFELONG LEARNERS SOCIETY









OUTREACH PROJECT 104 DEMOCRACY: THE INTENT AND THE REALITY

A roundtable discussion with: Dr. Alan David Aberbach Dr. André Gerolymatos Dr. John Harriss

Moderator: Dr. Adrienne Burk

You don't stop learning when you grow old ... you grow old when you stop learning!



RESPONSIBILITIES OF THE FACILITATOR

To make this video enjoyable to seniors who come to your centre to view it, please:

□ carefully select a responsible person to act as Discussion Leader.

□ give the Discussion Leader the Leader's Evaluation Form.

□ make all arrangements for time, place, and equipment, advertising the event well in advance.

□ arrange for refreshments, if desired.

□ duplicate enough audience evaluation forms so each member

After the public viewing and discussion, please return both the leader and audience evaluation forms to:

SENIORS PROGRAM, SFU VANCOUVER 515 West Hastings Street, Vancouver, BC V6B 5K3

of the audience has an Audience Evaluation Form.

The following DVD titles are available free of charge to non-profit seniors centres or organizations. Please contact us by email: seniors@sfu.ca, or telephone 778-782-5212:

•	Outreach Project 101	Perceptions of God and Heaven
•	Outreach Project 102	Multiculturalism and the
		Canadian Identity
•	Outreach Project 103	Grandparenting in the 21st Century
•	Outreach Project 105	Seniors Rights and the
		Challenge of Seniors Abuse

Outreach Project 106 A Place for Everyone:
 Age-friendly Communities

More information is available on our website at www.sfu.ca/seniors/outreach.htm

RESPONSIBILITY OF THE DISCUSSION LEADER

Please view the very short but useful "How To" DVD that was sent to you, or you may view it online: www.sfu.ca/seniors/outreach.htm. Click on the link in the right hand column. This will give you some excellent ideas regarding how to use the DVD player and especially how to handle the discussion.

Most videos stop at one or more points along the way, with key questions then appearing on screen. This is the signal for you to start the discussion. (Questions remain on screen until you push the "enter" button on the DVD player, at the conclusion of the discussion.) Not every on-screen question has to be asked, and other questions may be substituted. Below are the questions that appear after each part.

Please keep the discussion moving, and control the participants if one or more tries to do all the talking or if tempers flare. It is vital that as many people as possible have a chance to speak.

Please keep in mind that the Discussion Leader's role is not to express his or her ideas, or sermonize, but to encourage others to express their thoughts.

Remember the goal is to get older adults to think, talk, and socialize.