



SIMON FRASER UNIVERSITY
THINKING OF THE WORLD

The SFU Seniors Program in Continuing Studies was established in 1974. It remains an integral part of SFU's commitment to help older adults achieve their intellectual, professional, and cultural goals through programs for lifelong learning that build on the strengths of the university and resources of the community.

The Seniors Program, unique in Canada, has grown greatly over the years. It now offers a wide selection of academically exciting and challenging non-credit courses, monthly seniors forums, and individual events open to anyone 55+, regardless of educational background. Each year over 2,500 seniors participate in our programs.

We acknowledge, with appreciation, funding from the following:

- The SFU Seniors Lifelong Learners Society
- Dr. Yosef Wosk, Director of Interdisciplinary Programs at SFU and founder of the Philosophers' Café program, SFU
- Dr. David Kaufman, Director of the Learning and Instructional Centre, SFU

This DVD is part of the SFU Seniors Program Outreach Project and is offered free of charge to non-profit seniors centres and seniors organizations.

Additional roundtable discussion DVDs are available (online versions are at www.sfu.ca/seniors/outreach.htm). If you wish more information, email seniors@sfu.ca, call 778-782-5212, or write to:

Seniors Program, Continuing Studies
Simon Fraser University Vancouver
515 West Hastings Street
Vancouver, BC V6B 5K3

CONTINUING STUDIES ■ SIMON FRASER UNIVERSITY

The Seniors Program and



THE SENIORS LIFELONG LEARNERS SOCIETY



OUTREACH PROJECT 103 GRANDPARENTING IN THE 21ST CENTURY

A roundtable discussion with:

Dr. Gloria Gutman, Professor Emeritus, SFU Gerontology Dept.
Lillian Zimmerman, Research Associate, SFU Gerontology Dept.

Alan Herbert, former member Vancouver City Council

Dr. Alan David Aberbach, moderator and Director,
SFU Seniors Program

RESPONSIBILITIES OF THE FACILITATOR

To make this video enjoyable to seniors who come to your centre to view it, please:

- Carefully select a responsible person to act as Discussion Leader.
- Give the Discussion Leader the Leader's Evaluation Form.
- Make all arrangements for time, place, and equipment, advertising the event well in advance.
- Arrange for refreshments, if desired.
- Duplicate enough audience evaluation forms so each member of the audience has an Audience Evaluation Form.

After the public viewing and discussion, please return both the leader and audience evaluation forms to:

SENIORS PROGRAM, SFU VANCOUVER
515 West Hastings Street, Vancouver, BC V6B 5K3

The following DVD titles are available free of charge to non-profit seniors centres or organizations. Please contact us by email:

seniors@sfu.ca, or telephone 778-782-5212:

- Outreach Project 101 *Perceptions of God and Heaven*
- Outreach Project 102 *Multiculturalism and the Canadian Identity*
- Outreach Project 104 *Democracy: The Intent and The Reality*
- Outreach Project 105 *Seniors Rights and the Challenge of Seniors Abuse*
- Outreach Project 106 *A Place for Everyone: Age-friendly Communities*

More information is available on our website at
www.sfu.ca/seniors/outreach.htm

RESPONSIBILITY OF THE DISCUSSION LEADER

Most videos stop at one or more points along the way, with key questions then appearing on screen. This is the signal for you to start the discussion. (Questions remain on screen until you push the "enter" button on the DVD player, at the conclusion of the discussion.) Not every on-screen question has to be asked, and other questions may be substituted. Below are the questions that appear after each part.

Part 1

- What are the qualities of the modern grandparent?
- What should be the roles and responsibilities of a grandparent?

Part 2

- Should the grandparent pass on values to their grandchildren, or is it the role of the parent?
- Compare and contrast the role of the grandfather versus the grandmother. Are they different with modern grandparents?

Part 3

- Should grandparents be expected to accept the realities of the 21st century such as differences in race, religion and sexuality and still give unconditional love and support?
- What can grandparents learn from their grandchildren?

Please keep the discussion moving, and control the participants if one or more tries to do all the talking or if tempers flare. It is vital that as many people as possible have a chance to speak.

Please keep in mind that the Discussion Leader ought *not* express his or her ideas, or sermonize, but encourages others to express their thoughts.

Remember the goal is to get older adults to think, talk, and socialize.