

The Seniors Program in Continuing Studies at Simon Fraser University was established in 1975. It remains an integral part of SFU's commitment to help older adults achieve their intellectual, professional, and cultural goals through programs for lifelong learning that build on the strengths of the university and resources of the community.

The SFU Seniors Program gratefully acknowledges funding from The Adult Learning Knowledge Centre / The Canadian Council on Learning. Additional funding came from Learning and Instructional Development Centre, David Kaufman, Director.

This DVD is part of the SFU Seniors Program Outreach Project and is offered free of charge to non-profit seniors centres and seniors organizations. Additional roundtable discussion DVDs are available. If you wish more information kindly email seniors@sfu.ca or call 778.782.5212, or write to:

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You don't stop learning when you grow old ... you grow old when you stop learning!



### **CONTINUING STUDIES** SIMON FRASER UNIVERSITY

# The Seniors Program and



THE SENIORS LIFELONG LEARNERS SOCIETY







## **OUTREACH PROGRAM DISCUSSION LEADER'S GUIDE**

WITH SARAH LOUISE TURNER AND SHIRLEY STOCKDILL

This DVD has been specially prepared to provide you with the skills and encouragement to lead an Outreach Project Discussion Group.

### **Production credits:**

Produced by Robert Broad and Maggi Bailey Written by Sarah Louise Turner Directed by Robert Broad Camera and Editing by Sam Scott

Performed by Sarah Louise Turner and Shirley Stockdill An LIDC Media Design production, Simon Fraser University



Outreach Program