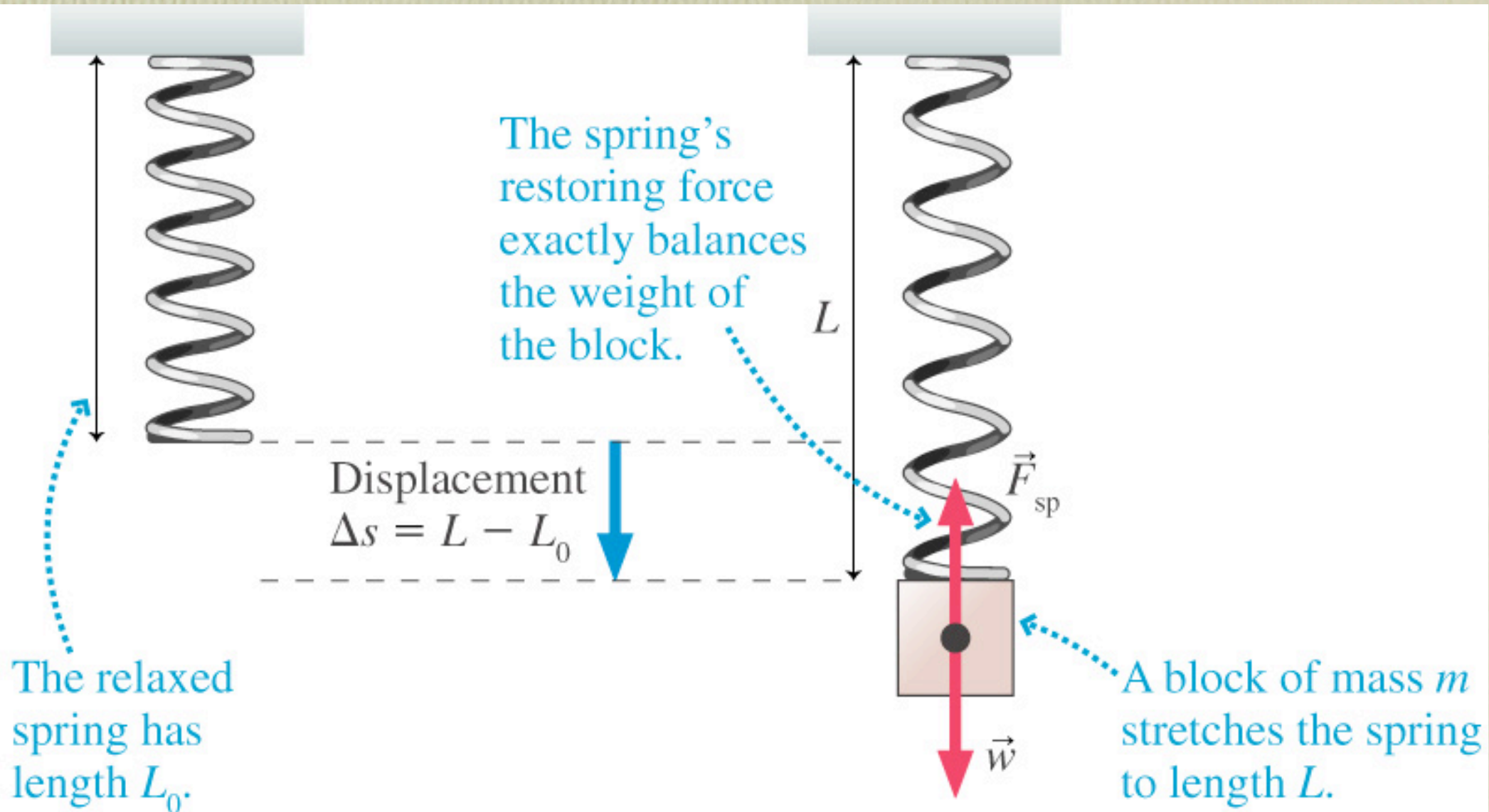


Spring Energy

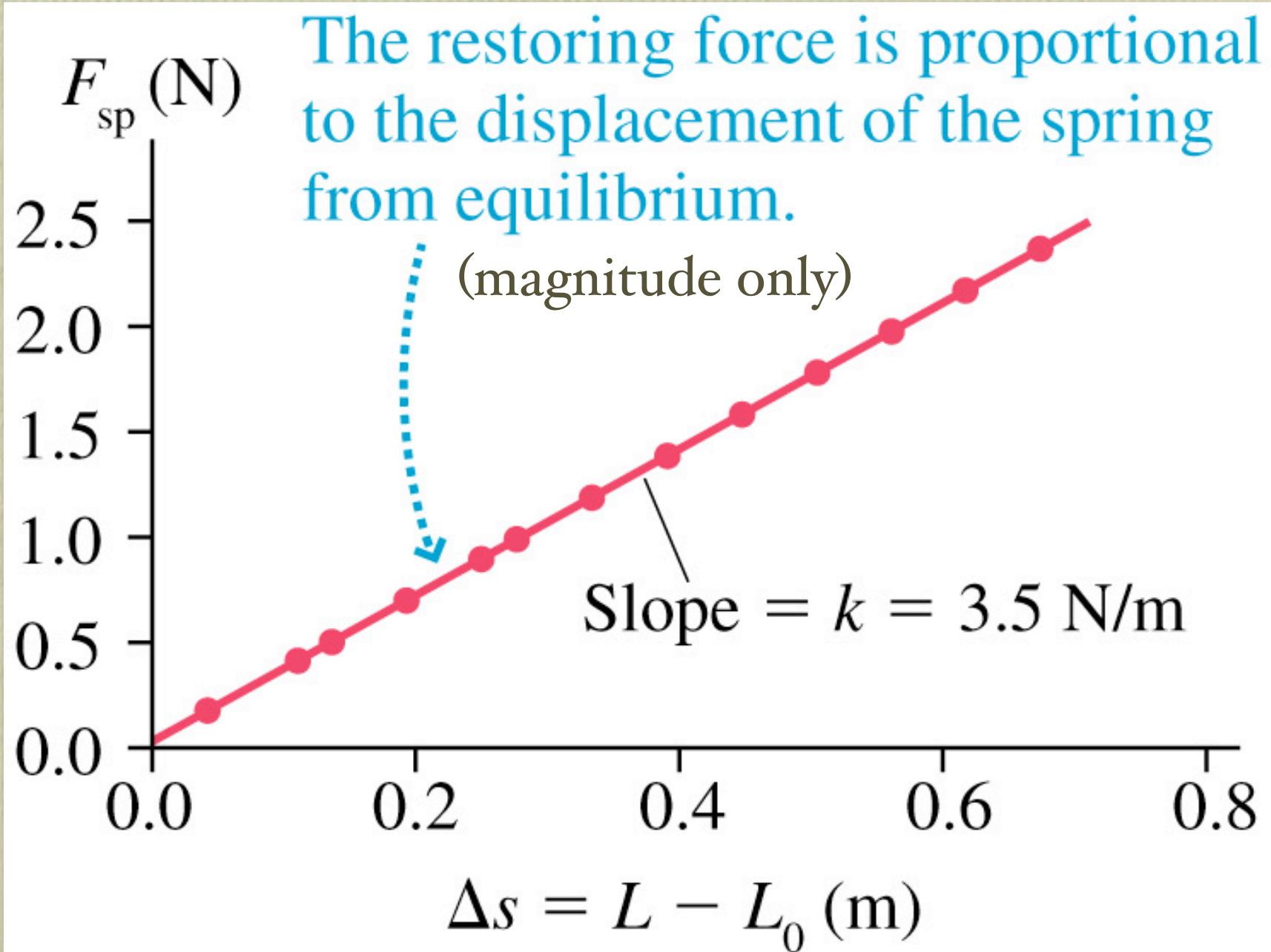
Elastic Potential Energy

Force vs. Stretch



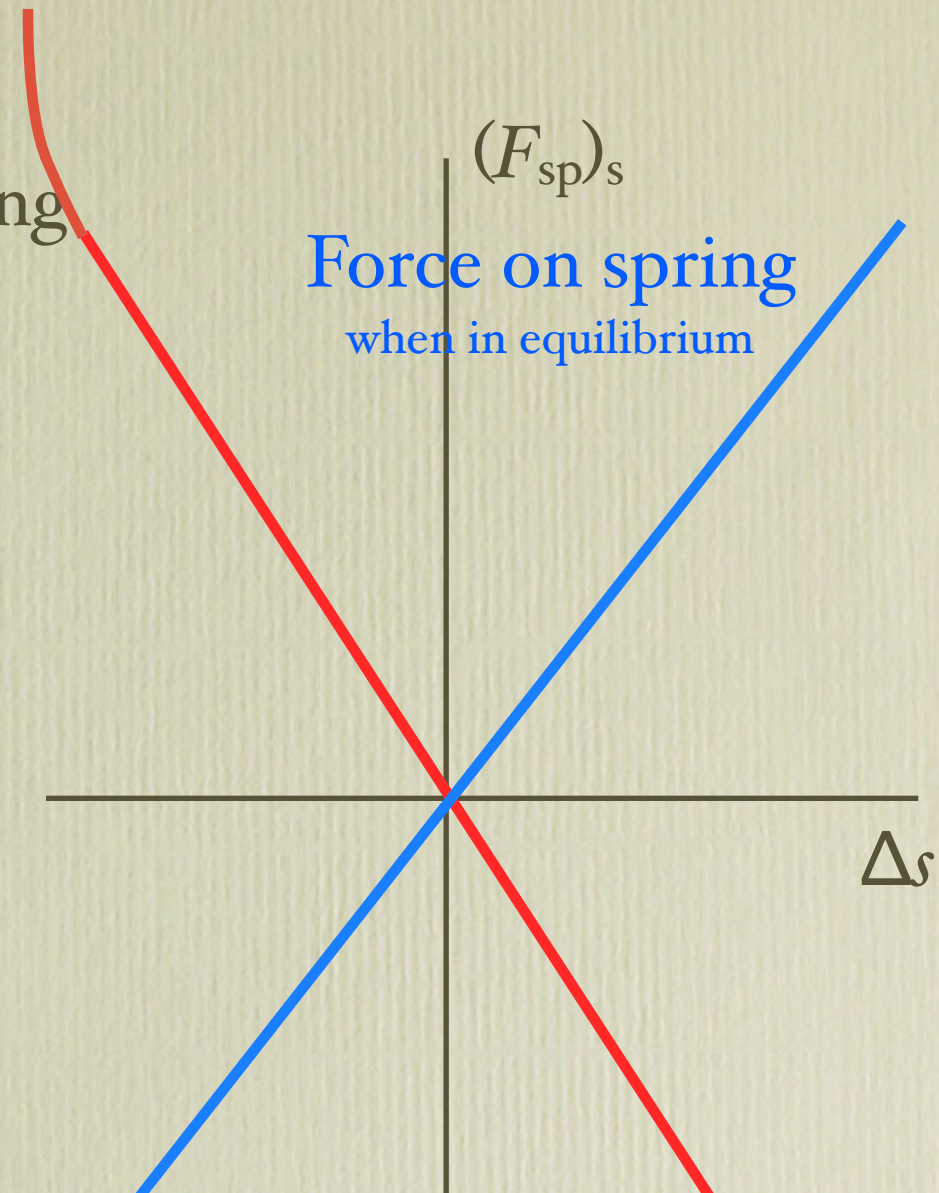
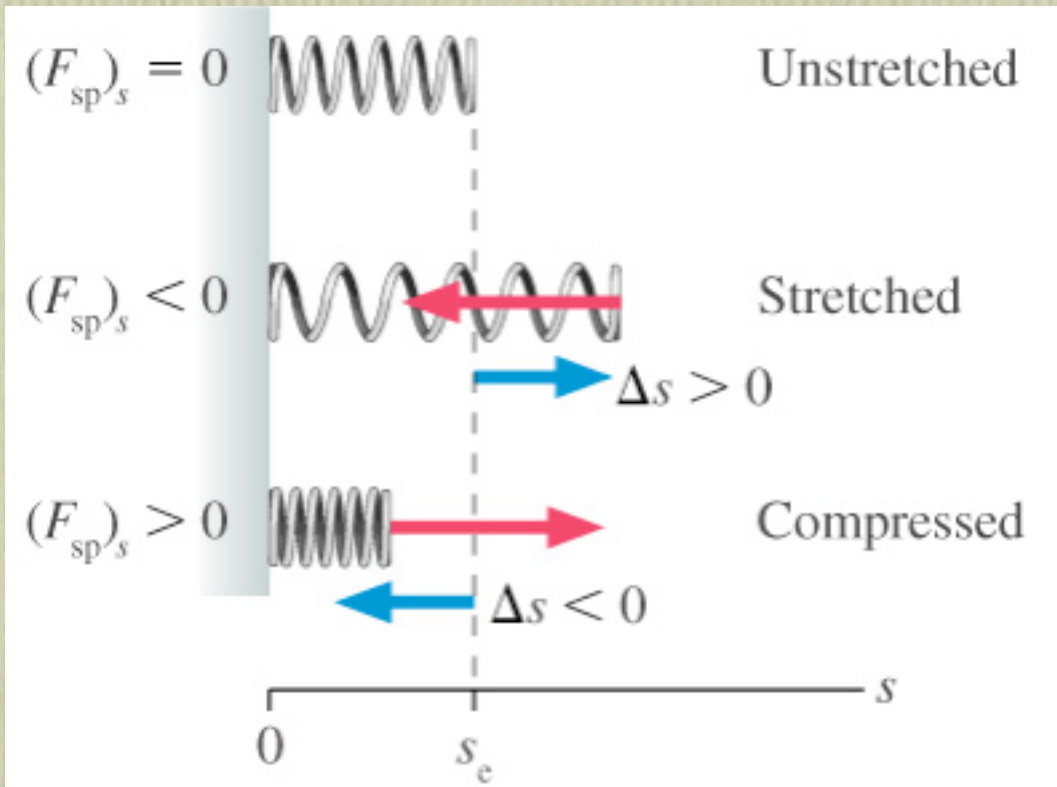
Assume spring's mass is negligible.

Hooke's Law



Hooke's Law

$(F_{sp})_s$ is the component of the spring force in the stretch direction.



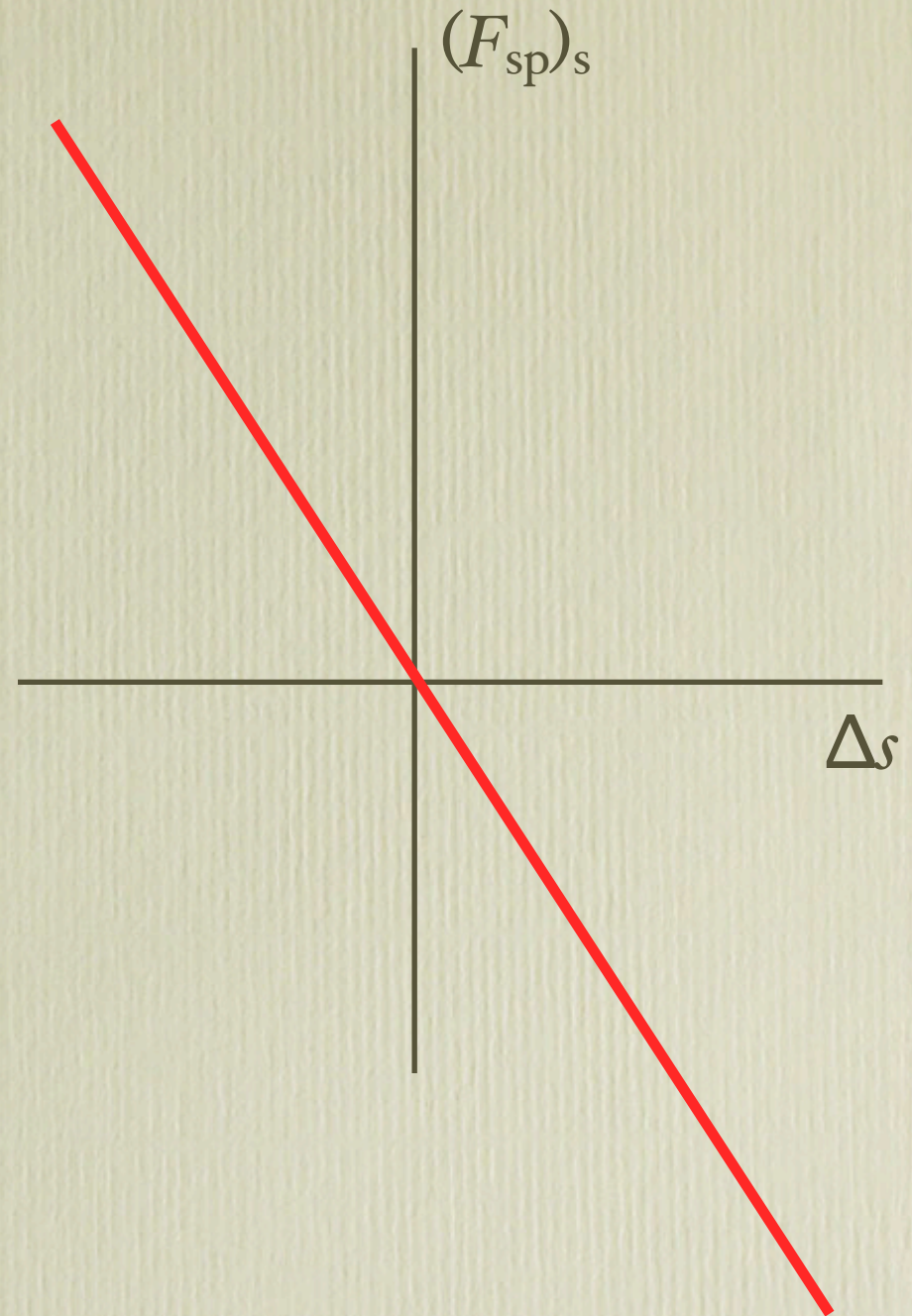
As the spring is compressed or expanded further, it eventually becomes non-linear.

Force from spring

Hooke's Law

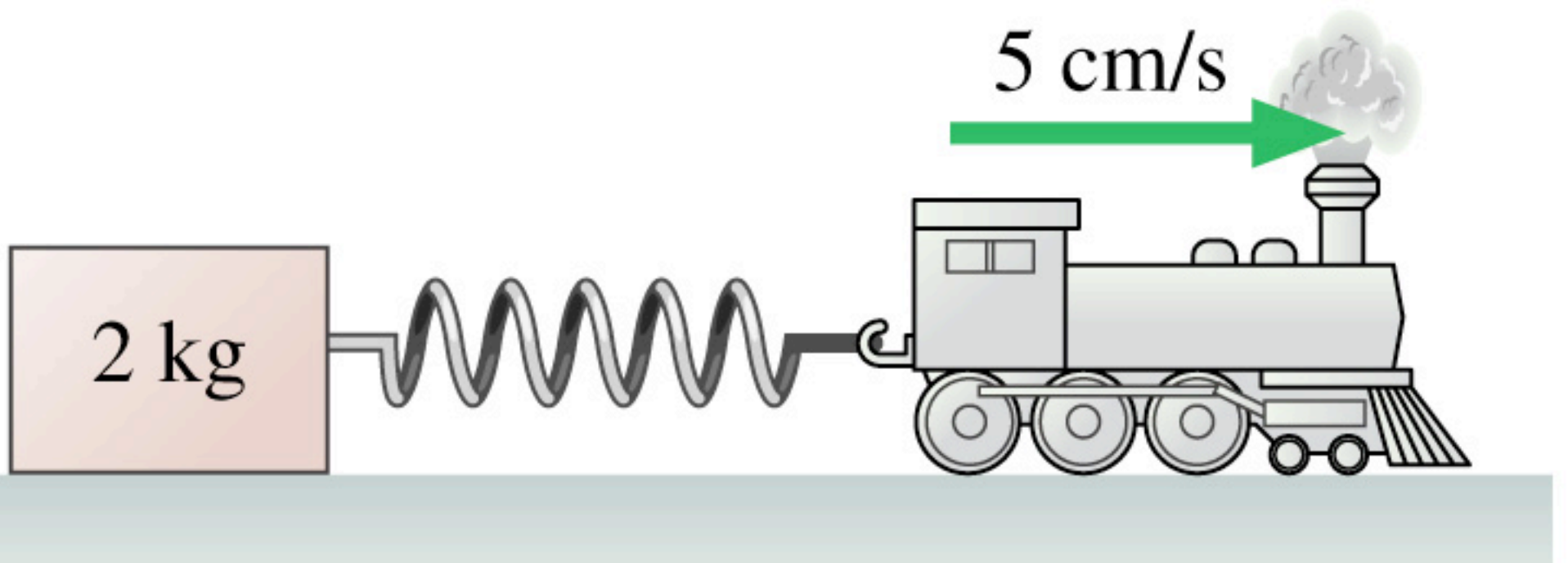
$$(F_{\text{sp}})_s = -k\Delta s$$

Let's measure it!

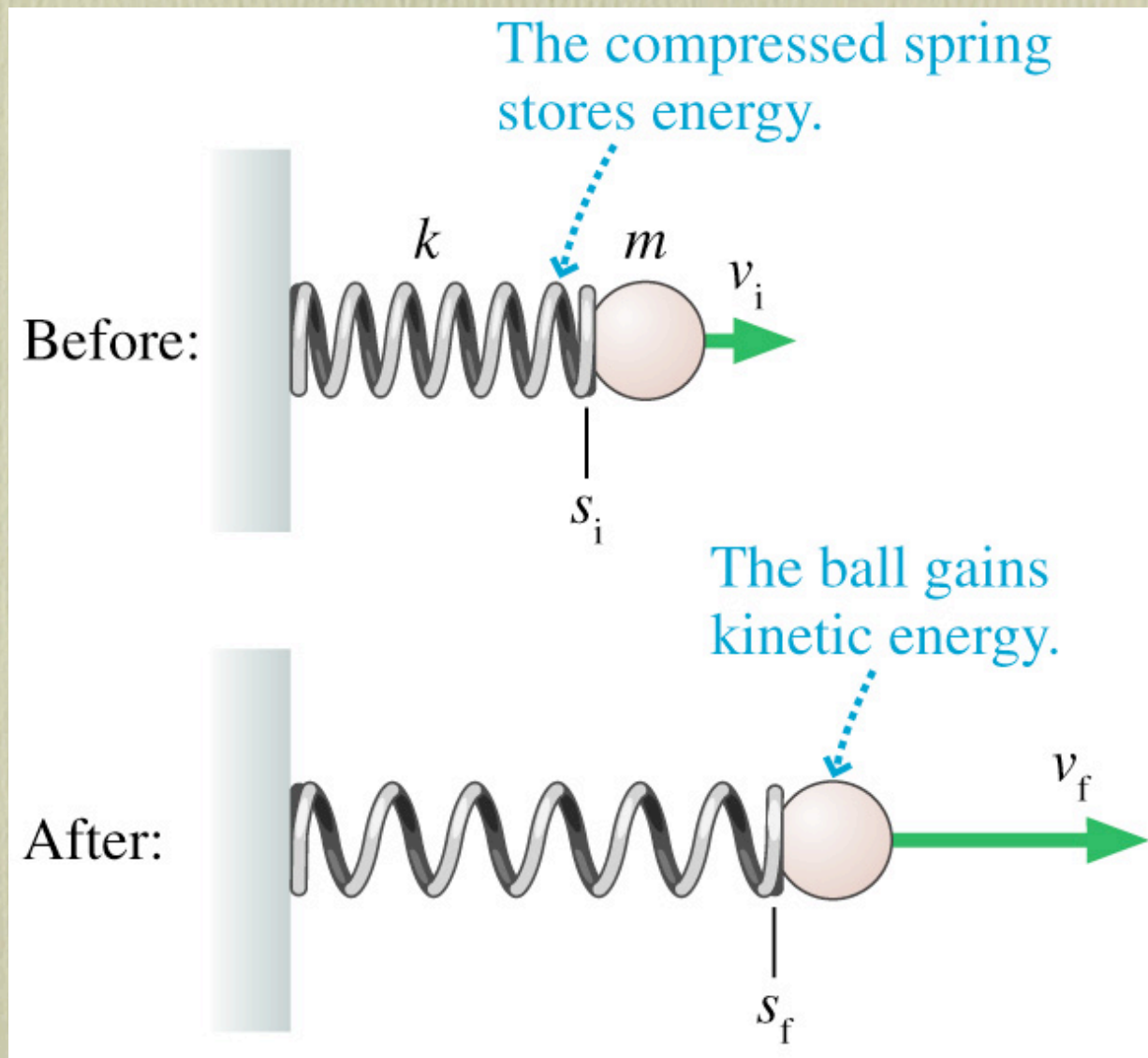


Slip-Stick

- Model of an Earthquake
- Not as simple as the book implies

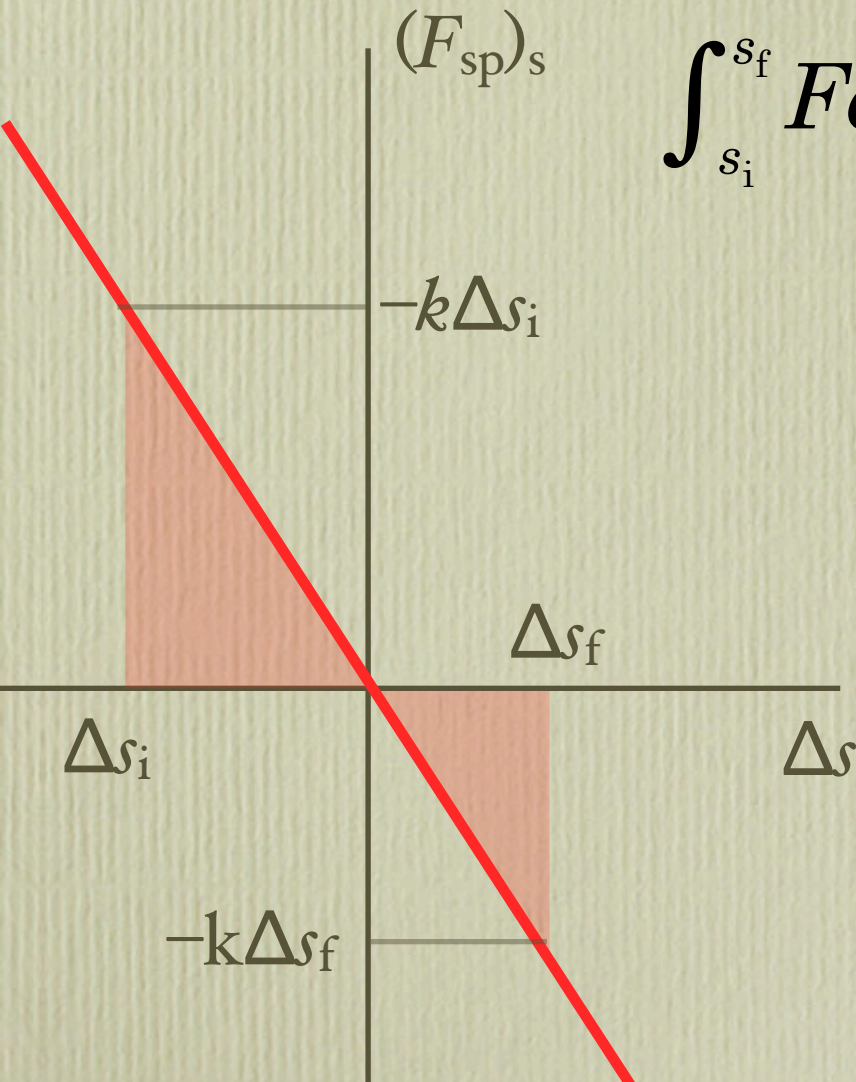


Energy in a Spring

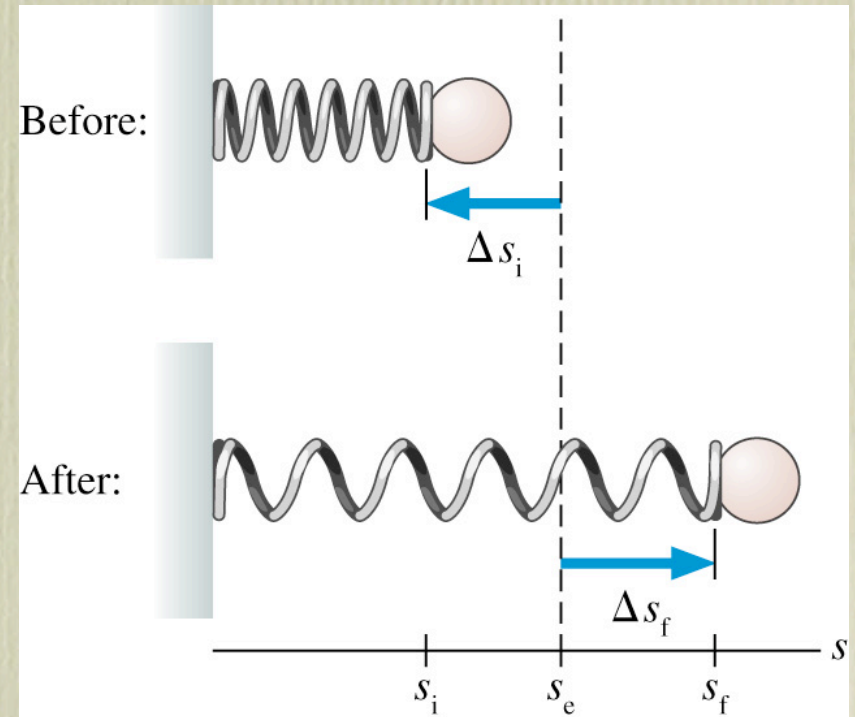


$$\int_{s_i}^{s_f} F ds = \frac{1}{2} m v_f^2 - \frac{1}{2} m v_i^2$$

Energy in a Spring

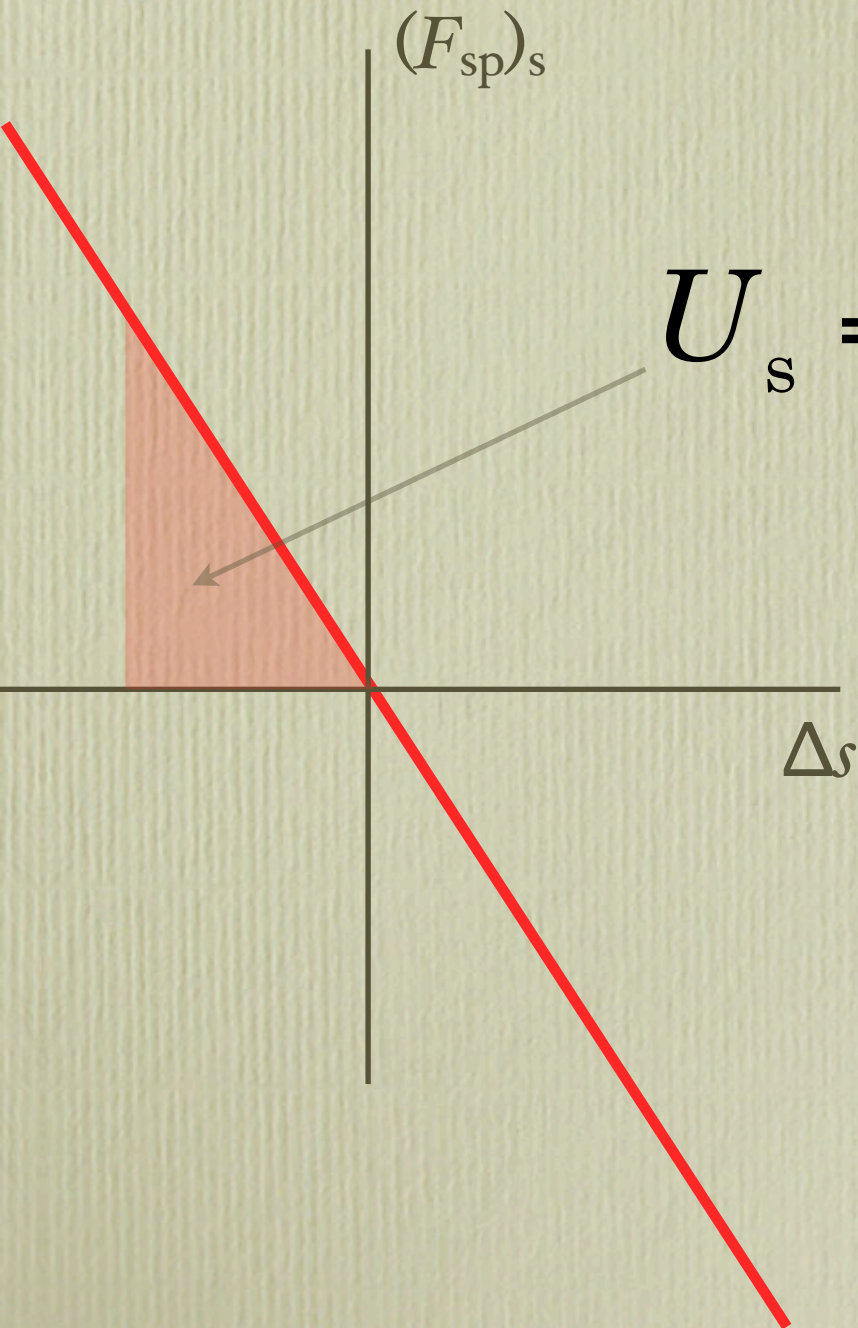


$$\int_{s_i}^{s_f} F ds = \frac{1}{2} m v_f^2 - \frac{1}{2} m v_i^2$$



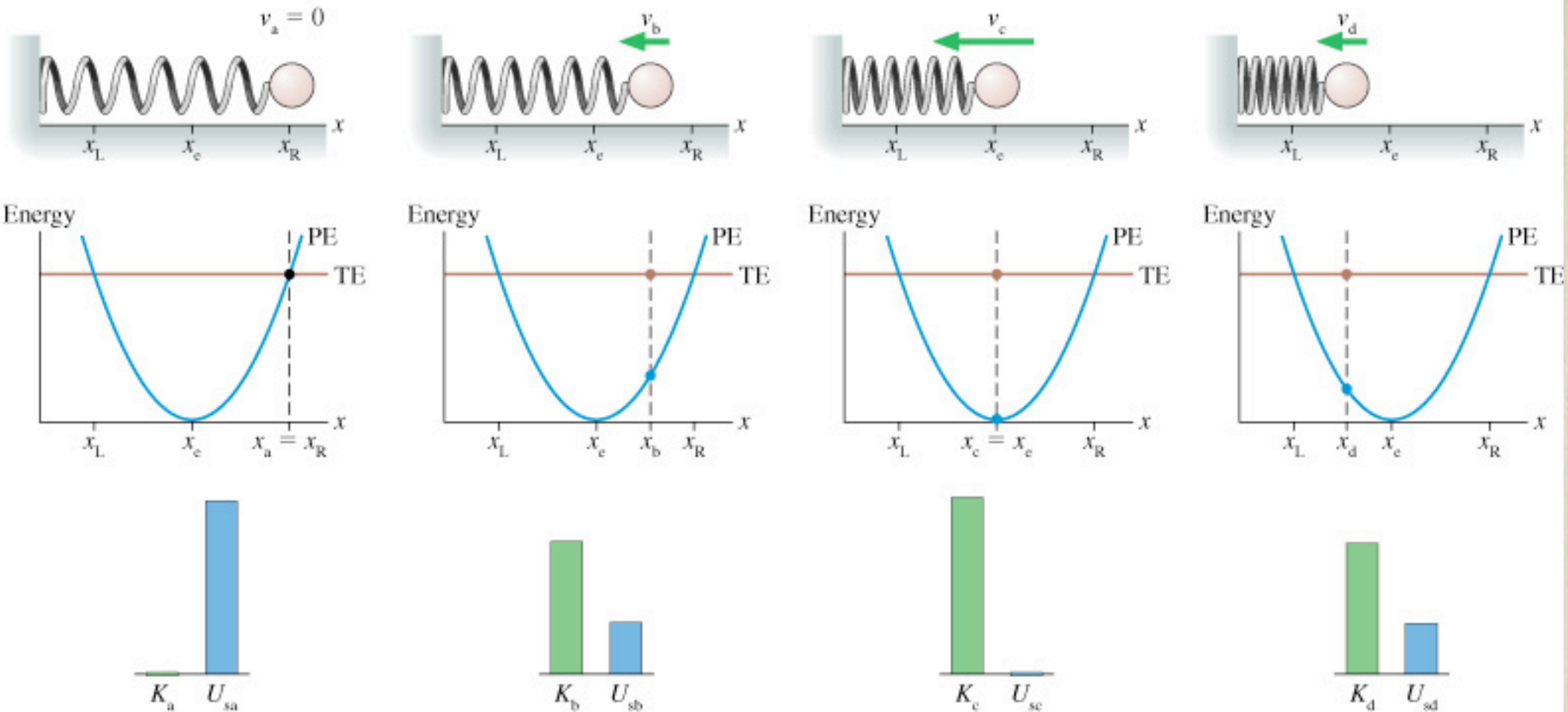
$$\int_{s_i}^{s_f} (-k\Delta s) ds = \frac{1}{2} m v_f^2 - \frac{1}{2} m v_i^2$$
$$-\frac{1}{2} k (\Delta s_f)^2 + \frac{1}{2} k (\Delta s_i)^2 = \frac{1}{2} m v_f^2 - \frac{1}{2} m v_i^2$$

Elastic Potential Energy



$$U_s = \frac{1}{2} k (\Delta s)^2$$

Energy Diagrams



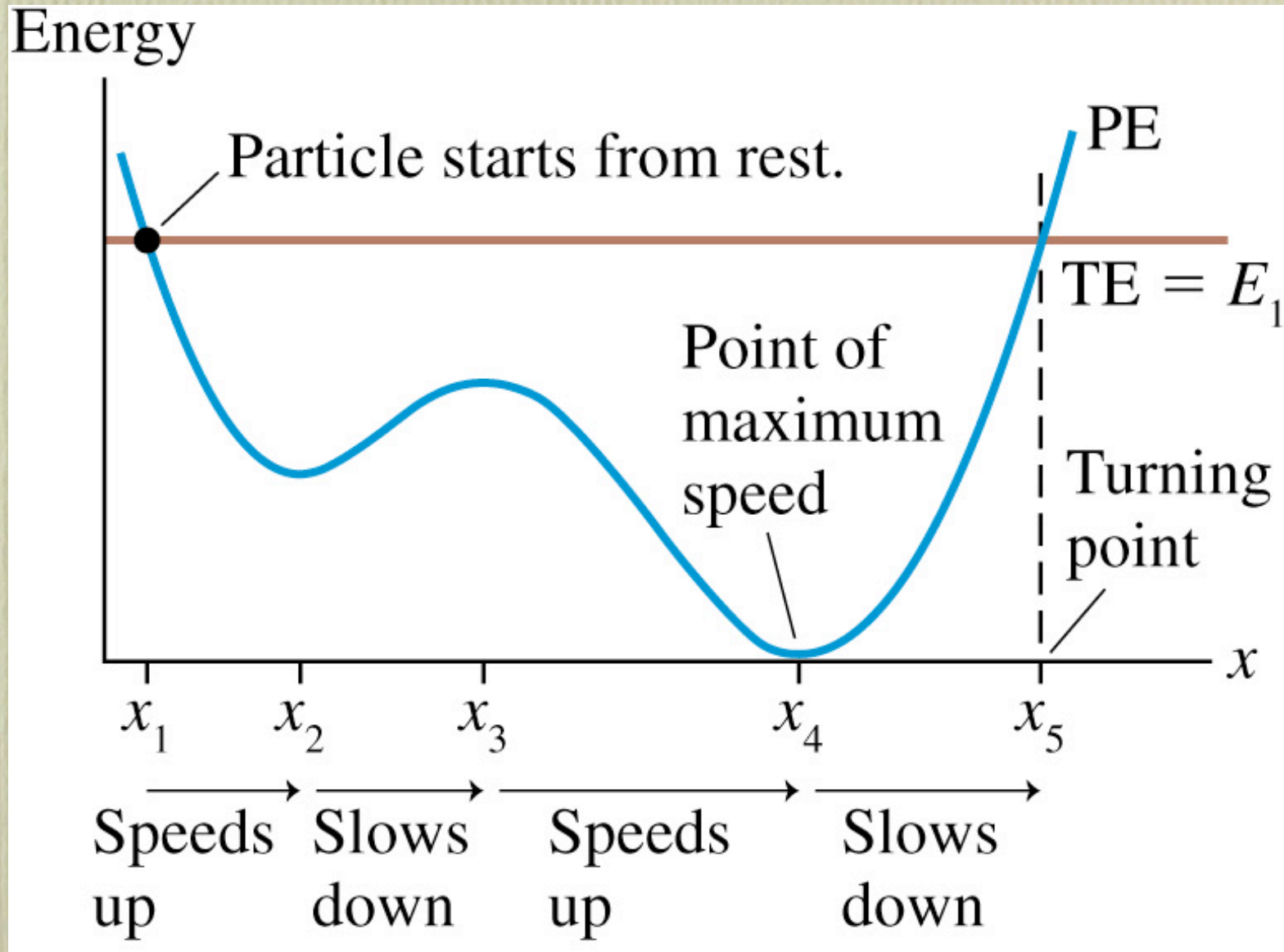
The mass is released from rest. The energy is entirely potential.

The particle has gained kinetic energy as the spring loses potential energy.

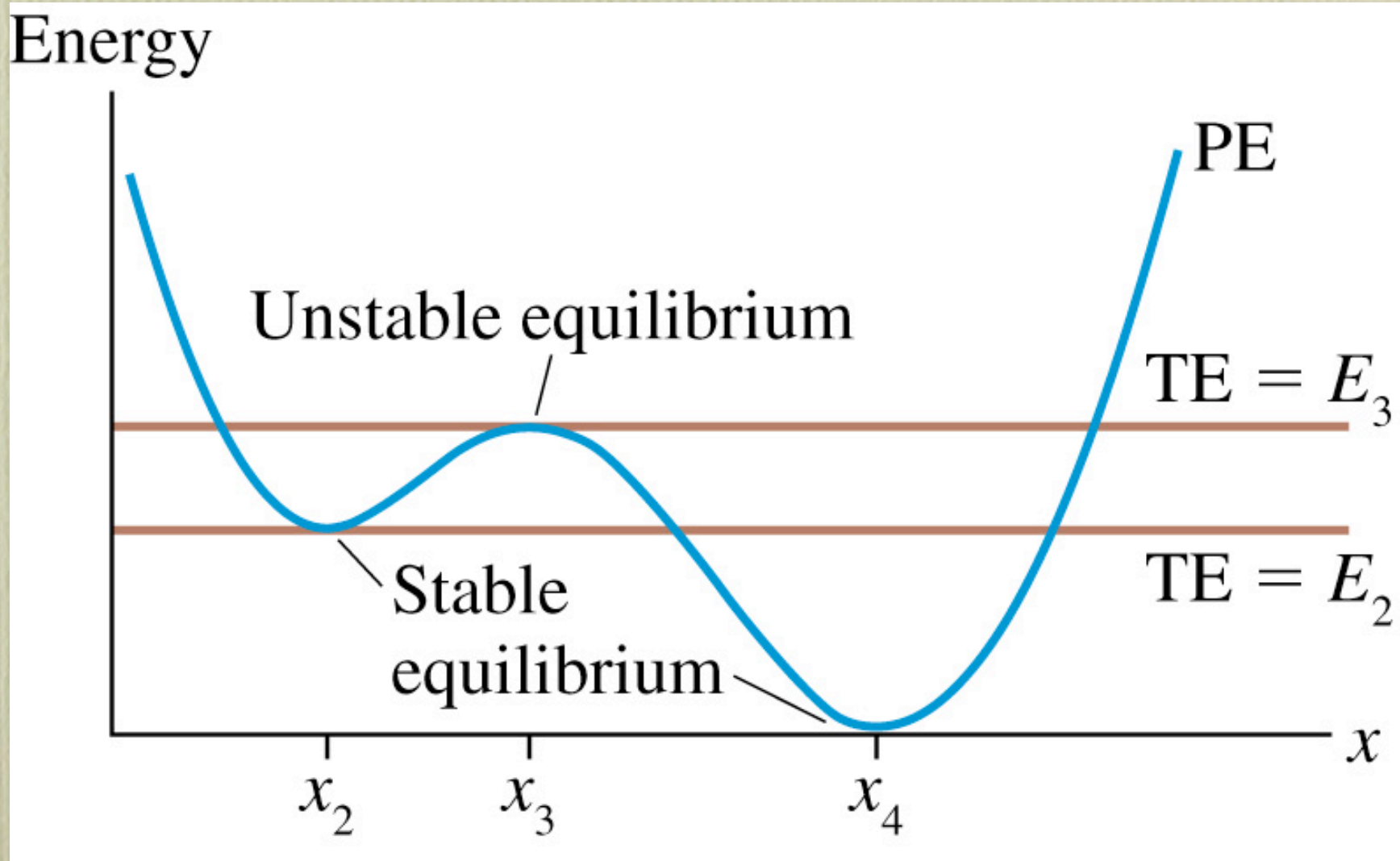
This is the point of maximum speed. The energy is entirely kinetic.

The particle loses kinetic energy as it compresses the spring.

Energy Diagrams



Energy Diagrams



Molecular Bonds

